

# TESTIMONIALS

## Caroline Adams Miller, MAPP



“On behalf of Sumo Logic, I wanted to extend our heartfelt gratitude for delivering such an outstanding keynote presentation to our sales team at our recent Sales Kickoff event.

Your insights on GRIT were not only enlightening but also incredibly motivating. We appreciated your ability to delve into the nuances of grit and its application in increasing resilience and achieving success. Your personal stories and examples brought these concepts to life in a relatable and actionable way for our attendees, and your delivery captivated our audience from start to finish. Our sales team's feedback has been very positive, with many expressing how inspired they felt after hearing you speak. Your keynote has left a lasting impression and provided our team with valuable insights and strategies that we can apply to our work and personal lives moving forward. Once again, thank you, Caroline, for sharing your wisdom and expertise with us. We truly appreciate your contribution to the success of our Sales Kickoff event, and we look forward to collaborating with you again.”

- Annie Yuzzi, VP, Corporate Event Marketing and Experiences, Sumo Logic, Inc.

“ At The Ursuline School, our students are actively engaged in the pursuit of knowledge while remaining faithful to our tradition of Serviam. In my role as president, providing accomplished presenters capable of speaking to the needs of our community helps to take our mission beyond the classroom and show students how they can apply it to real-life scenarios. Caroline Adams Miller, with her engaging and informative presentation, “When Women Win,” was the perfect way to kick off Women’s History Month. Her no-nonsense, evidence-based approach to helping women and girls flourish and succeed hits the mark! If you’re looking for inspiration on how women and girls can change the world, look no further than Caroline Adams Miller.”

- Dr. Colleen Melnyk, President, The Ursuline School

“Caroline Adams Miller spoke for our audience of 450 credit union board members and knocked it out of the park. Her message that we can “do hard things,” but we need people to help us succeed was exactly what our audience needed to hear. She presented in an entertaining way but always from a base of sound research and without the fluff that so often accompanies messages of encouragement/motivation from the keynote stage. After her session, she had people lined up to talk with her. That's always a good sign that a presentation was a great success!”

- Christopher Stevenson, CUES

“Caroline, you delivered what we asked for and more! We've had terrific feedback that you were easy to relate to, your stories were relevant, and the research gave your talk credibility for a high-powered audience. Everyone agreed they got rejuvenated, reignited, and recommitted to setting and accomplishing meaningful goals”.

- Maria Montanez, Morgan Stanley

“Caroline’s ability to provide topical research and evidence, as well as relevant, real-world examples to her audience, is compelling. I encourage all leaders to follow her and take her Authentic Grit Challenge.”

- Shant Markarian, Managing Director, Lee Hecht Harrison

“If you want to get-it-done and make-it-happen, then Caroline Miller is your go-to, must-see speaker. With solid rigorous science and moving stories that captivate and connect, both your heart and mind are engaged to reach your highest aspirations.”

- Megan McDonough, CEO, Wholebeing Institute

“There are only two speakers I’ve ever heard who are worth the time, money, and effort it takes to get there. One was the first blind person to achieve the summit of Mt. Everest. The other is Caroline. She is mesmerizing, authoritative, and exceptionally skillful at communicating her passion for goal accomplishment and Positive Psychology.”

- Dr. Tom Barrett, author of “Dare to Dream and Work to Win”

“Caroline Miller gave an excellent keynote at our Admissions Summit, and she ensured that her message resonated with our audience. Her team was professional to work with and timely in their responses. Caroline was able to capture the audience’s attention in a virtual setting and keep them engaged. I would highly recommend her for a keynote session!”

- Altus Assessments

“Caroline shared her newest research around goals and grit to over 300 of our key customers and prospects. Her topic is timely and resonated with sales and marketing leaders who are tasked with driving results.”

- Betsy Schneider, VP of Marketing, BI Worldwide

“It’s both our pleasure and honor to have had Caroline present her talk to the Middle East Inclusion and Diversity Council. Caroline’s candid style and authenticity won the attention of our MEIDC members immediately. Powerful – loaded with insight and provided actual tools to support good theories that have been well researched. Thanks for taking the time to share your insight!”

- Middle East Inclusion and Diversity Council (MEIDC)

“From start to finish, we were absolutely impressed with Caroline Adams Miller and her team! Caroline not only customized her presentation to meet the needs of our audience, she also went above and beyond helping us get the message out prior to our conference. Her delivery was passionate and practical. Our conference attendees (both parents and educational professionals) are still raving that Caroline was the best public speaker they ever heard. Her team was responsive, thorough, and efficient from beginning to end – an absolute pleasure to work with!”

- Meaghan Barracoso, Director of Admissions and Outreach, Fusion Academy

“You painted a visual picture of why Grit has become something we don’t see because of society. The delivery was intentional and relatable. As a teacher, it is easy to feel lost during a presentation at conferences like that because the information is over my head. You balanced that well and we literally still talk about your presentation. It was one of the best presentations on GRIT I’ve seen.”

- Erica Lohn, Citizens Academy East

“Caroline has inspired us and brought in a powerful conversation about the way and the type of goals we set within the organization. Furthermore, the open reflection of our strengths and the practices to cultivate GRIT have sparked a new way of approaching the way we can lead our teams, have a real impact in every person through connecting with their purpose, and develop a mindset to have bigger and bolder goals for our organization.”

- Carlos Puyo, Corporate Director Leadership and Learning, Belcorp

“Caroline was an amazing closing keynote speaker at our Educating for Resilience Conference! Her knowledge of grit and what fuels optimal performance is just phenomenal, and she is able to dynamically connect with her audience in such an authentic way. Caroline weaves her unique insights with the latest research in psychology to deliver a highly valuable session. We liked her so much; we’re having her back next June!”

- Louisa Jewell, Canadian Positive Psychology Association

“Caroline delivered a compelling presentation calling for women to support each other to thrive! The audience was engaged and inspired. The day was best summed up by one young woman present: “this was exactly what I needed to hear today”. I highly recommend Caroline as a powerful speaker with an important message.”

- Kimina Lyall, Australian Unity

“The best way to kick off our inaugural BRG Women’s Leadership Conference was to have Caroline speak and discuss “Getting Grit” with our audience. She brought such dynamic energy and purpose to the event, and it was such a pleasure to work with her, learn from her, and for our attendees to have the opportunity to spend such valuable time with her. She is a true leader and voice for women’s leadership.”

- Meredith Anastasio, VP of BRG Branded Events, Berkeley Research Group, LLC

“Caroline’s message and evidence-based tools provided our membership the support it needs during an extremely difficult time. We loved having her present through the Zoom webinar – it was an excellent delivery tool to disseminate her message in an efficient manner.”

- Gregory K. McDonough, Blackburn Capital, Entrepreneurs' Organization, D.C.

“Caroline did an incredible job! Her message “Grit: How to Get Things Done” was impactful. She had total command of the subject matter. Caroline had a cool way of speaking academically as well as using “hip” words and timely examples that everyone related to. We appreciated that she stuck around to sign books and mingle with our members long after her keynote.”

- Rory S. Coakley, COAKLEY REALTY, President

“I was very fortunate to run across Caroline Miller in my search for an impactful speaker. Her focus on grit, goals, and creating your best life fit perfectly with our goals. Once we scheduled our event with Caroline, she and her team worked with the utmost professionalism. Every detail from audiovisual needs to speaker transportation was addressed. Additionally, Caroline took time to schedule a call with me to learn more about our organization and what my goals were for the event. On the day of the event, she was very positive, helpful, and well prepared. Her speech was flawless, and she gave our members “food” to take home and consider. We believe she inspired our members to be better women, moms, and contributors to their communities. I would highly recommend Caroline Miller to any type of business or non-profit that is looking to create a memorable and impactful event.”

- Pam Rosener, YOUNG MEN'S SERVICE LEAGUE, President

“Caroline Adams Miller delivered a complete Grand Slam at our healthcare company’s corporate conference. If you are looking for a keynote speaker who adds value, integrates academic research into practical applications, and moves people to action and change, you can’t do any better than enlisting Caroline and her topic on Goal Setting and Authentic Grit.”

- Dr. Larry Benz, CONFLUENT HEALTH, President/CEO

“Caroline’s engaging and thought-provoking presentation on Creating Your Best Life left our team primed to set hard short and long-term goals, push themselves to learn more, and get the absolute most out of our whole person wellness and self-leadership programs. Our team felt “empowered,” “invigorated,” “inspired to embrace grit” and Caroline’s talk provided numerous “light bulb moments I will remember forever.” We are so grateful to have been able to share her knowledge and passion with our team.”

- Merika Brown, Culture & Engagement Manager, Swisse Wellness Pty Ltd

“Caroline is a dynamic and gifted presenter. Her talks on Grit are insightful, and compelling and draw from her expertise and experience in a range of areas, including positive psychology. It was a joy to host her at Ravenswood School for Girls. We have received excellent feedback, and, in working with us, Caroline went ‘above and beyond’ in making the most of opportunities to connect with our students, staff, and community. She is an inspiration.

- Anne Johnstone, Principal, Ravenswood School for Girls

“Caroline Miller is an inspiration! Her engaging and powerful presentation resonated with our audience of scientists by incorporating data and research on grit into her stories and observations. She taught us not only why grit is so critical, but how to cultivate perseverance and passion to achieve our goals.”

- Jennifer Kmiec, Founder, Inspiring Women in STEM Conferences

“Quit or Grit? Caroline’s presentation to the membership of the Human Resources Leadership Forum of Washington, DC, provided a unique and thought-provoking point of view about the relationship between goal setting, achievement, and behavioral change. Caroline’s ability to provide topical research and evidence, as well as relevant, real-world examples to her audience, is compelling. I encourage all leaders to follow her and take her Authentic Grit Challenge.”

- Shant Markarian, Managing Director, Lee Hecht Harrison

“Where did we find this gem? Fabulous!” Caroline was spectacular and engaging and gave us practical tips that we can put to use right away. I loved this speaker, and I don’t say that about most speakers. She was first-class and scientifically sound. I will be better at what I do because of her talk.”

- National Association of Professional Organizers

“Caroline provided a framework for thinking about what helps people persevere, and what skills and attitudes they might marshal to maximize success in their personal and professional lives. Interesting and inspiring!”

- Marla Allisan, Harvard Law School

“Caroline’s energy and expertise hit the mark... Caroline got my people excited about the agency they have around their own job satisfaction and happiness. Caroline’s dynamism shines in the room without question, but her content shifts mindsets and helps make people an active participant in their professional experience. We are very grateful she shared her wisdom with our teams. Thank you, Caroline!”

- Vivian Wexler, Vantage Partners